



# Jacksonville North Pulaski School District

## Middle School (6-8) and High School(9-12) Breakfast

### October 2017



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Mini Pancakes Maple Cereal Toast Sausage and biscuit Jelly Fruit of the Day Milk Juice	Ham & Cheese Toaster Cereal Toast Biscuit & Gravy Jelly Fruit of the Day Milk Juice	Blueberry Muffin Cereal Toast Sausage and biscuit Jelly Fruit of the Day Milk Juice	Oatmeal Cinnamon Toast Cereal & Toast Biscuit & Gravy Jelly Fruit of the Day Milk Juice	Scrambled Eggs Cereal Toast Sausage and biscuit Jelly Fruit of the Day Milk Juice
9	10	11	12	13
Strawberry Parfait Cereal Toast Sausage and biscuit Jelly Fruit of the Day Milk Juice	Breakfast Burrito W.G. Cereal Toast Jelly Biscuit & Gravy Fruit of the Day Milk Juice	Mini Waffle Blueberry Syrup Cereal & Toast Sausage and biscuit Jelly Fruit of the Day Milk Juice	Sausage Cheese Muffin Cereal & Toast Biscuit & Gravy Jelly Fruit of the Day Milk Juice	Breakfast Pizza Cereal & Toast Sausage and biscuit Jelly Fruit of the Day Milk Juice
16	17	18	19	20
French Toast Syrup Cereal & Toast Sausage and biscuit Jelly Fruit of the Day Milk Juice	Mini Maple Pancakes Cereal & Toast Jelly Biscuit & Gravy Milk Fruit of the Day Juice	Egg Cheese Muffin Cereal & Toast Sausage and biscuit Jelly Fruit of the Day Milk Juice	Scrambled Eggs Cereal & Toast Toast Biscuit & Gravy Jelly Fruit of the Day Milk Juice	Blueberry Muffin Cereal & Toast Jelly Sausage and biscuit Fruit of the Day Milk Juice
23	24	25	26	27
Mini Cinnamon Roll Cereal & Toast Sausage and biscuit Jelly Fruit of the Day Milk Juice	Pancakes Syrup Cereal & Toast Biscuit & Gravy Jelly Fruit of the Day Milk Juice	Sausage Cheese Muffin Cereal & Toast Sausage and biscuit Jelly Fruit of the Day Milk Juice	Oatmeal Cinnamon Toast Cereal & Toast Biscuit & Gravy Jelly Fruit of the Day Milk Juice	Chicken Biscuit Cereal & Toast Jelly Sausage and biscuit Fruit of the Day Milk Juice
30	31			
Vanilla Parfait Cereal & Toast Sausage and biscuit Jelly Fruit of the Day Milk Juice	Breakfast Pizza Cereal & Toast Biscuit & Gravy Jelly Fruit of the Day Milk Juice			